



Charisse Vogler Reiki Master-Healer

Get to know;
Charisse Vogler

Charisse has always been on a spiritual quest to explore peace and inner-balance. An interest in the healing arts began as a young child, and she always intuitively sensed the presence of her spirit guides and angels. She would communicate with them, asking for their guidance and higher knowledge. In this experience she has learned to clearly navigate through life using her healing abilities and gifts. Nothing brings Charisse more joy and fulfillment than utilizing the talents she is grateful to be born with. Experiencing her clients success and enjoyment in their healing is felt to be her ultimate purpose and accomplishment. Experiencing others' improvement in health due to her guidance, led her down a path to seeking more knowledge and education. This would allow her to make a wider reach with others who desired to heal and live life on a path to self-enlightenment.

Charisse enrolled and attended a healing arts school where she received her Reiki Masters in Usui Reiki. She is also certified in Egyptian Seichem Reiki and is an Energy Radiance Practitioner. These qualifications allow her to assist the receiver in their healing process of the body, mind and spirit.

Charisse also has a personal love for Yoga that began many years ago when she recognized and discovered the multiple benefits it has. She was particularly drawn to Kundalini Yoga and certified as a Kundalini Yoga Teacher to incorporate more modalities into her Energetic Practices. The Spiritual Energy of Kundalini Yoga is the "Yoga of Awareness".

Charisse is also a certified Birth Doula, providing emotional, physical, educational and spiritual support during pregnancy, labor, and birth.

She is always continuing her education to support her healing practices. A few other components she has studied are Sound Healing, Essential Oil Classes, Spiritual Coaching, and Intuitive Studies, all which are incorporated and integrated within her practices.

Charisse's life passions are traveling, hiking and trail adventures, seeking the unknown, nature, working out, health and nutrition, and she is a huge animal lover.